

Southwest Pool



*SEATTLE PARKS
AND RECREATION*

**2801 SW Thistle
(206) 684-7440**

Winter 2006

January 3 – March 31, 2006



LOOK WHAT'S INSIDE!

Operating Hours & Staff.....	2	Fitness Programs	7
General Information	3	Lesson Information	8 - 10
Pool Schedule.....	4	Lifeguard Training	11
Fees & Charges	5	Special Events	11 & 12
Recreation Programs	6	Pool Rental Information	12

www.seattle.gov/parks/aquatics/swpool.htm

SOUTHWEST POOL

Ph: (206) 684-7440
Fax: (206) 233-7295
2801 SW Thistle St
Seattle, WA 98126

www.seattle.gov/parks/aquatics/swpool.htm

JANUARY 3 – MARCH 31, 2006

BUSINESS HOURS OF OPERATION

Monday	Noon – 8:30 p.m.
Tuesday	Noon – 9:30 p.m.
Wednesday	Noon – 8:30 p.m.
Thursday	Noon – 9:30 p.m.
Friday	Noon – 8:00 p.m.
Saturday	9:30 a.m. – 2:00 p.m.
Sunday	11:00 a.m. – 6:00 p.m.

HOLIDAY CLOSURES

January 1 & 2	New Year's Holiday
January 16	Martin Luther King Jr. Day
February 20	Presidents' Day

CLOSED FOR SWIM MEETS

FROM 3:30 TO 5:30 P.M.:

January 6, 10, 13, 20, & 24

CLOSED FOR YMCA RAINBOW

INVITATIONAL SWIM MEET:

February 11 & 12

CHECK OUT OUR LOCAL

COMMUNITY CENTERS

Alki Community Center 684-7430
5817 SW Stevens St ■ 98116-5810

Delridge Community Center 684-7423
4501 Delridge Way SW ■ 98106-1379

Hiawatha Community Center 684-7441
2700 California Ave SW ■ 98116-2451

High Point Community Center 684-7422
6920 34th Ave SW ■ 98126-4217

South Park Community Center 684-7451
8319 8th Ave S ■ 98108-4344

PROFESSIONAL STAFF

Superintendent

Kenneth R. Bounds

Operations Division Director

Christopher Williams

Aquatic Manager

Kathy Whitman

Senior Aquatics Coordinator

Patsy Siegismund

Aquatic Center Co-Coordination

Nancy Eisner

Diane Jones

Assistant Aquatic Center Coordinator

Matt Richardson

PPT Cashiers

Jennifer Tramble

Matt McLaughlin

Senior Lifeguards

Mark Cantrell

Sue Bonney

Pool Operator

Mark Sears

SUGGESTIONS?

We welcome your ideas. If you want to suggest a new class or if you have an idea you think would benefit us or our community in general, please let us know.

VOLUNTEER SWIM INSTRUCTOR AIDE

Looking for a way to give back to the community or engage in community service hours for high school credit? We are looking for people who can commit to a one hour block of time twice a week during our lesson program. All volunteers must be at least 15 years old and have passed American Red Cross swim lesson levels 1 – 6. A complete background check and volunteer orientation will also be required.

E-BROCHURES ARE AVAILABLE!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

GENERAL INFORMATION

MISSION STATEMENT

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

FEES AND CHARGES

Parks and Recreation fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from Parks and Recreation activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund.

CREDIT CARDS ACCEPTED

If you would like to pay for a class with a credit card, please drop by the pool office or call with your information. Visa, MasterCard, and American Express are welcome.

TAXES

Class and program fees listed in this brochure include sales tax where applicable in accord with current provisions of the state legislature of Washington.

THINGS TO KNOW

Pool Dimensions: 25 yards x 15 yards

Water temperature: 85° F

Spa temperature: 102° F

72 lengths = 1 mile

Family changing room available

Pool lift and portable steps for non-ambulatory patrons

REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. Parks and Recreation offer scholarships for qualified applicants under low income guidelines. To apply for a scholarship, please talk to a member of our staff.

WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

YOU CAN MAKE A DIFFERENCE!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held on the 3rd Thursday of the month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

MORE INFORMATION

For more information about Seattle Parks and Recreation call our Public Information Line (206)684-4075 or visit our web site at www.seattle.gov/parks.htm



SOUTHWEST POOL DAILY SCHEDULE WINTER 2006



MONDAYS AND WEDNESDAYS

6:00 – 7:30 a.m.*	Early Morning Lap Swim*
Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:00	Adult Lessons
2:00 – 2:30 (Mon)	Home School Lessons
3:00 – 4:00**	Lap Swim
4:00 – 5:30	Swim Lessons
5:30 – 6:30	Lap Swim
5:30 – 6:30	Masters Workout
6:30 – 7:30	Swim Lessons
6:30 – 7:15	Springboard Diving
7:30 – 8:15	Hydro-Fit (<i>deep end</i>)
7:30 – 8:30	Shallow End Public Swim

TUESDAYS AND THURSDAYS

Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:15	Sr. Adult Water Exercise
4:15 – 5:00	Competitive Stroke Class
4:30 – 5:00	Three Year Old Lessons
5:00 – 6:00	Lap Swim
6:00 – 7:30	Swim Lessons
7:30 – 8:30	Public Swim
8:30 – 9:15	Hydro-Fit (<i>deep end</i>)
8:30 – 9:15	Adult Water Aerobics (<i>shallow end</i>)



FRIDAYS

6:00 – 7:30 a.m.*	Early Morning Lap Swim*
Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:30	Family/Lap Swim
3:00 – 4:00**	Lap Swim
4:30 – 5:30+	Public Swim
5:30 – 7:00	Lap Swim
6:00 – 7:00	Masters Workout
7:00 – 8:00	Family Swim
8:00 – 10:00	Rentals (Call to Schedule)

*Admission to EMLS by swim ticket only. This can be purchased during regular business hours or in the morning with a check only.

**Mon/Wed/Fri lap swim from 3 to 4 p.m. will begin February 13, 2006 due to high school swim team practice.

+Closed January 6, 13, & 20 for swim meets.

SATURDAYS

9:30 – 10:30 a.m.	Lap Swim
9:30 – 10:30	Lap Fitness Workout
10:30 – 11:00	Private Lessons
10:30 – Noon	Swim Lessons
Noon – 1:00 p.m.	Lap Swim
Noon – 1:00	Triathlete Training
1:00 – 2:00	Public Swim
2:00 – 10:00	Rentals (Call to Schedule)



SUNDAYS

11:00 – 12:30 p.m.	Adult & Senior Swim
12:30 – 2:00	Swim Lessons
2:00 – 3:00	Family Swim
3:00 – 4:00	Special Pops Lessons
4:00 – 5:00	Public Swim
5:00 – 6:00	Lap Swim
6:00 – 10:00	Rentals (Call to Schedule)



POOL CLOSED

New Year's Holiday	1/1 & 1/2
Martin Luther King Jr. Day	1/16
Presidents' Day	2/20
YMCA Meet	2/11 & 2/12





AMENITIES/FEES & CHARGES



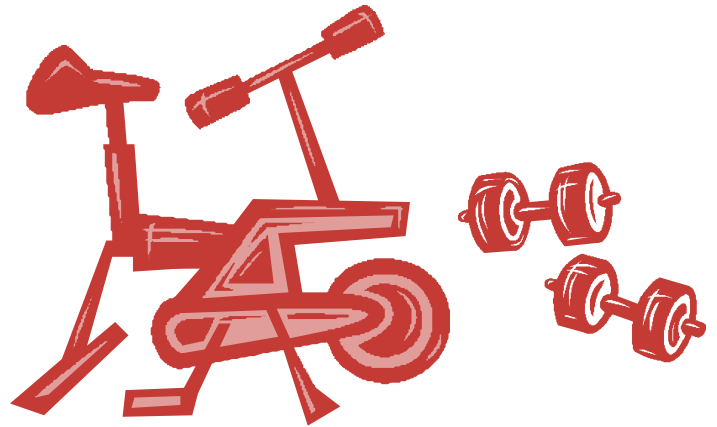
MERCHANDISE FOR SALE

Goggles	\$5.00 – 20.00
Shampoo	\$6.00
Conditioner	\$6.00
Swim Caps	\$3.75 – 8.00
Nose Plugs	\$4.00
Ear Plugs	\$4.00
Wave Webs	\$14.00
Stretch Bands	\$4.50
Bottled Water	\$1.00
Dive Rings	\$5.00
Reusable Swim Diapers	\$7.00
Little Swimmer Diapers	\$1.25

Prescription Goggles

\$20.00

Ask us about it!

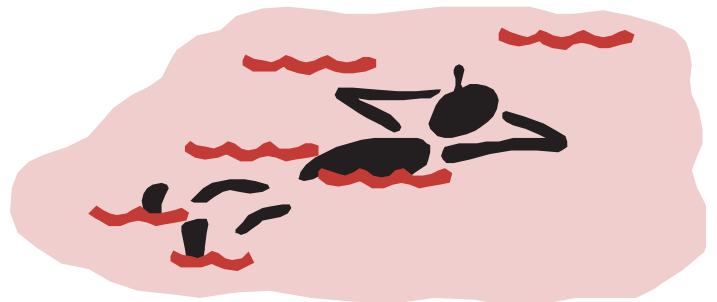


13-STATION UNIVERSAL GYM

We offer a 13-station universal gym on the pool deck. Use of the weights is free with admission. Youth under age 16 may not use the weights. Sixteen and seventeen-year-olds using the weights must be supervised by an adult. Patrons must be dry and proper workout attire is required to use the weights. Regular fees apply.

FACILITY FEES & CHARGES

Youth (1–17)	\$2.75
Adult (19–64)	\$3.75
Senior Adult (65 & over)	\$2.75
Special Population	\$2.75
Masters Workout	\$4.75
Water Exercise/Hydro-Fit	\$4.75
Sr. Adult Water Exercise	\$3.00
Non-Recreation Spa,	
Weights, Sauna Use	\$3.75
Spa (in addition to swim)	\$0.50
Recreation Pass	\$20.00
(save \$2.00)	
Fitness Pass	\$30.00
(save \$3.00)	
Fast Pass Adult	\$45.00
(one month unlimited)	
Fast Pass Senior/Youth	\$35.00
(one month unlimited)	
Water Equipment Rental	\$1.50
Showers	\$3.75



THERAPY SPA & SAUNA

Our therapy spa and sauna are available for use during all normal operating hours. The sauna is free with your paid admission fee. The spa is an additional 50¢ during recreational times. To use just the spa during non-recreational swim times, the cost is \$3.75 for adults and \$2.75 for Seniors (age 65+). **Please Note:** Youth under the age of 13 are not allowed into the spa without an accompanying adult. Children are not permitted in the sauna.

❄️ RECREATIONAL PROGRAMS ❄️

ADULT/ SENIOR ADULT SWIM

A recreational swim period for adults 19 years and over. Fast, medium, and easy lanes available for fitness swimming plus an open area for water walking or exercise.

Please Note: All lanes will be in during busy times.

Monday – Friday Noon – 1:30 p.m.
Sunday 11 a.m. – 12:30 p.m.



LAP SWIM ❄️

This program is designed for the serious swimmer as well as those who want to work on conditioning. We have lanes set aside that designate different swimming ability levels.

M/W/F*	6:00 – 7:30 a.m.
M/W/F**	3:00 – 4:00 p.m.
M/W	5:30 – 6:30 p.m.
T/TH	5:00 – 6:00 p.m.
Friday	1:30 – 2:30 p.m.
Friday	5:30 – 7:00 p.m.
Saturday	9:30 – 10:30 a.m.
Saturday	Noon – 1:00 p.m.
Sunday	5:00 – 6:00 p.m.

*Admission to EMLS by swim ticket only.

**Resumes February 13, 2006.

HEIGHT REQUIREMENT

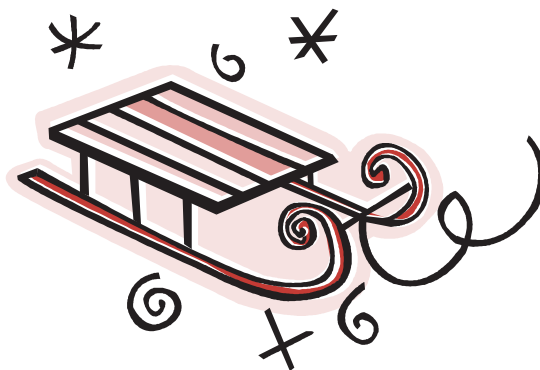
Children under the age of 6 years or under the height of 48" must be directly supervised in the water by an adult on a one-to-one ratio. The adult must stay within arms reach of the child at all times.



PUBLIC SWIM

This is a recreational swim for all ages. Life-guards reserve the right to deny flotation devices during heavy use. Diving boards and slide are alternately opened to allow for deep water swimming. Children not meeting our height requirement of 4 feet must be accompanied into the water by an adult 18 years or older. Youth under the age of 18 must pass a swim test in order to swim in the deep end.

Monday – Thursday 7:30 – 8:30 p.m.
(Mon. & Wed. evenings are shallow end only.)
Friday 4:30 – 5:30 p.m.
Saturday 1:00 – 2:00 p.m.
Sunday 4:00 – 5:00 p.m.



FAMILY SWIM

The family float swim is a recreational time for the family. A parent/guardian must accompany youth under 18 years of age in the water.

Friday	1:30 – 2:30 p.m.
Friday	7:00 – 8:00 p.m.
Sunday	2:00 – 3:00 p.m.

FITNESS PROGRAMS

MASTERS WORKOUT

An experienced coach supervises an interval workout of 2300 yards or more. Different lanes for different abilities. Stroke work and helpful tips will be offered during this time. Pool shared with lap swim.

Mon/Wed  **5:30 – 6:30 p.m.**
Friday **6:00 – 7:00 p.m.**



ADULT WATER AEROBICS

This 45-minute program is designed to tone up muscles and stay fit. Emphasis on flexibility and range of motion. This class is taught in the shallow end.

Tue/Thu **8:30 – 9:15 p.m.**



SENIOR ADULT WATER EXERCISE

This shallow end program provides a recreational as well as a therapeutic exercise time for senior adults. Participants can expect increased strength and flexibility while improving their cardiovascular system. No swimming ability required.

Tue/Thu **1:30 – 2:15 p.m.**



ADULT HYDRO-FIT

Hydro-Fit is a 45-minute deep water, non-impact adult exercise program that can work the whole cardiovascular system. The use of specially designed buoyancy and resistance apparatus provide a demanding workout for the whole body. Some deep water swimming ability required.

Mon/Wed **7:30 – 8:15 p.m.**
Tue/Thu **8:30 – 9:15 p.m.**






SWIMMING LESSONS SCHEDULE




Days	Dates	# of classes	Fees	Open Registration
Mon/Wed*				
Session I	1/9 – 2/15	11	\$55.00	December 14 at 6 p.m.
Session II	2/22 – 3/29	11	\$55.00	February 15 at 6 p.m.
Monday**	1/9 – 3/27	10	\$75.00	December 14 at 6 p.m.
Wednesday+	1/11 – 3/29	12	\$90.00	December 14 at 6 p.m.
Tue/Thu				
Session I	1/10 – 2/16	12	\$60.00	December 14 at 6 p.m.
Session II	2/21 – 3/30	12	\$60.00	February 15 at 6 p.m.
Saturday**	1/14 – 3/25	10	\$50.00	December 14 at 6 p.m.
Sunday**	1/15 – 3/26	10	\$50.00	December 14 at 6 p.m.

* No lessons January 16 and February 20.
 ** No lessons February 11 and 12.
 + Springboard Diving Class only.



**Open Registration for Spring Lessons is
Wednesday, March 29 at 6 p.m.**



SWIM LESSON REGISTRATION - LOTTERY SYSTEM

Southwest Pool's open swim lesson registration is conducted by a lottery system. At the time registration begins, random numbers will be distributed to all people waiting to register. Numbers will be called in order, beginning with #1, and registration will continue until all those present have been served.

NOTE –

A minimum of four students is required for all youth swimming classes. Programs may be combined or canceled if minimum enrollment is not met.

LEARN TO SWIM

Through the 2000 ProParks Levy, the citizens of Seattle voted to provide funding for FREE swimming lessons for all 3rd and 4th grade students enrolled in Seattle Public Schools. The FREE swim lesson program is available for the first time beginner as well as the more advanced swimmer.

For "Learn to Swim" information, please call your local Seattle Parks and Recreation swimming pool or visit the web:

***[www.seattle.gov/parks/aquatics/
learntoswim.htm](http://www.seattle.gov/parks/aquatics/learntoswim.htm)***

Home school and private school students may apply for a voucher at the above web site.



SWIMMING LESSON DETAILS



Tots

This class is an introduction to the water for infants and toddlers 6 months to four years of age. The instructor teaches the parent how to teach the child basic water skills and water safety. Each child must be accompanied into the water with a parent/adult.

M/W 6:30 – 7 p.m. Sat 11:30 – Noon
T/Th 6:30 – 7 p.m. Sun 12:30 – 1 p.m.

THREE YEAR OLD LESSONS

Small classes that are designed to start your child learning basic swimming skills and water safety. Child is required to complete one session of Tots. Must be comfortable in water without parents.

T/TH 4:30 – 5 p.m.

Session I

1/12 – 2/16 10 classes \$80.00
(no class 1/24)

Session II

2/21 – 3/30 12 classes \$96.00

KINDER LEVEL AGES 4 – 6

Kinder age swim lessons are taught in four progressive levels, K1 through K4. K1 and K2 classes cover water adjustment and basic skills for children with little or no swimming experience. K3 and K4 progress to more advanced skills. Every class also includes water safety.

M/W 4 – 4:30 p.m. T/TH 7 – 7:30 p.m.
M/W 5 – 5:30 p.m. Sat 10:30 – 11 a.m.
M/W 6:30 – 7 p.m. Sat 11:30 – Noon
M/W 7 – 7:30 p.m. Sun 12:30 – 1 p.m.
T/TH 6 – 6:30 p.m. Sun 1:30 – 2 p.m.
T/TH 6:30 – 7 p.m.

YOUTH LEVEL AGES 7 TO 15

Youth swim lessons are offered in progressive skill levels, Y1 through Y6. These classes are designed for youth ages 7 through 15 years and cover basic to advanced swimming skills. Water safety is included in each skill level.

M/W 4:30 – 5 p.m. Sat 10:30 – 11 a.m.
M/W 5 – 5:30 p.m. Sat 11 – 11:30 a.m.
T/TH 6 – 6:30 p.m. Sat 11:30 – Noon
T/TH 6:30 – 7 p.m. Sun 1 – 1:30 p.m.
T/TH 7 – 7:30 p.m. Sun 1:30 – 2 p.m.

SPECIAL POPULATION SWIM LESSONS

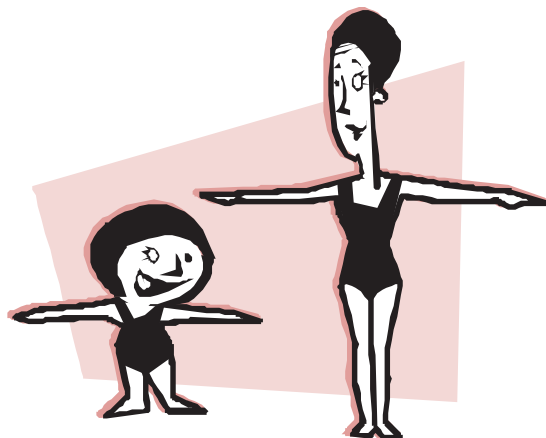
Southwest Pool offers small or individualized swim classes for youth with special needs. We have a comfortable pool lift and portable steps available for non-ambulatory patrons. Space is limited. Contact Southwest Pool for registration information.

Sun 3 – 3:30 p.m. Sun 3:30 – 4 p.m.

ADULTS

We offer swim lessons for older teens, adults, senior adults, and special populations. From the very beginner swimmer to the more advanced swimmer, the instructors can meet your needs and help you attain your goals.

M/W 1:30 – 2 p.m. M/W 7 – 7:30 p.m.



SPECIALTY SWIMMING LESSONS

COMPETITIVE STROKE CLASS

Learn advanced stroke techniques, turns, and racing starts while building endurance. Learn proper technique diving off the blocks and get in a good workout, too! Pre-requisite: you must have a skill level of Red Cross level 6 or higher.

Tues/Thu 4:15 – 5 p.m.

	<u>Session I</u>	
1/12 – 2/16	10 classes	\$75.00
	<u>Session II</u>	
2/21 – 3/30	12 classes	\$90.00

SPRINGBOARD DIVING

Try our diving class and learn the fundamentals of springboard diving, body position, proper form & technique, and skills. Safety will also be taught.

Pre-requisites:

- must be 10 years old
- be able to perform a standing dive from the diving board
- must have Red Cross Youth level 5 swimming ability
- Pre-test required

Mon 6:30 – 7:15 p.m. (No class 1/16 & 2/20)

Wed 6:30 – 7:15 p.m.

HOMESCHOOL STUDENT SWIM LESSONS

Southwest Pool is now offering American Red Cross Swim Lessons to Home School Students on Monday afternoons. Each level includes training in basic water safety in addition to swimming skills.

Monday 2 – 2:30 p.m.

1/9 – 3/27 10 classes \$50.00

YOUTH FITNESS WORKOUT

This program is for youth and teens ages 10 to 18 who have a level 6 swimming ability. This fitness program is designed to give young swimmers a challenging workout through interval training. This is a great way to stay in shape and keep swimming techniques sharp in-between swimming seasons.

Saturday 9:30 – 10:30 a.m.

Session I 1/7 – 1/28 \$40.00

Session II 2/4 – 2/25 \$40.00

Session III 3/4 – 3/25 \$40.00



TRIATHLETE SWIM TRAINING

Are you planning on competing in a triathlon? Do you need some pointers on how to improve your swimming? Start your training now!

Sign up now for personalized instruction sessions! Sessions are 1/2 hour. To schedule call 206-684-7440. \$100 for 4 lessons.

PRIVATE LESSONS

Southwest Pool offers private swim lessons to those interested in one-to-one attention. Private lessons allow for concentrated instruction to meet individual needs. Cost is \$25 per 1/2-hour lesson or \$35 for a semi-private lesson. Spa fee 50¢. Contact Nancy Eisner or Diane Jones, Aquatic Co-ordinators at (206) 684-7440 to schedule.



SPECIAL EVENTS THIS WINTER!



SUNDAY FAMILY FUN DAY!

Check out our family swims with a theme!

Toy Boat Day

Come build your own wooden toy boat and test it in our pool. Boat building starts at 1:45 p.m. Hull, cabin, keel, and mast provided. There is a \$1 material fee in addition to the regular admission fees. Supplies are limited.

Mr. Toad said, "There is nothing — absolutely nothing — half so much worth doing as simply messing about in boats."



Sunday, January 22

Undersea Mural

Help us decorate the pool. We are making an undersea decorative panel. Easy to use sponge stamps and fish designs will make it fun for all ages. Participants will be able to produce their own mini-murals to take home! Painting starts at 1:45 p.m. Regular admission fees apply.

Sunday, February 26

Treasure Hunt



Learn to snorkel. We are running a short snorkeling orientation followed by an underwater penny hunt. Hundreds of gold doubloons litter the sea bottom waiting for you to find. Bring your own mask, fins and snorkel or we have a limited amount of child size gear available to borrow for the event. Children will need to have swimming skills comparable to passing Red Cross Level 1 to fully enjoy the experience. Lesson starts at 2:15 p.m. The treasure hunt will follow at 2:30 p.m. Regular admission fees apply.

Sunday, March 26



Children under the age of 18 must have an adult in the water with them.



RED CROSS LIFEGUARD TRAINING CLASS



This class will prepare youth 15 years and older to become lifeguards. The course will include CPR for the Professional Rescuer, First Aid, and Lifeguard Training. The certification is required for those who wish to work as a lifeguard. Early paid pre-registration is a must for this popular class. There will be a 500 yard pre-test on the first night. Appropriate Red Cross books, a resuci mask, and attendance at every lesson are class requirements. For further information, please contact Nancy or Diane at the pool.

Date: February 27 – March 29

Days: Mon/Wed

Time: 6:30 – 9:30 p.m.

Costs:

Course	\$125.00
Books	\$25.00 *
Pocket mask	\$15.00 *

**These items can be purchased from the American Red Cross: (206) 233-2345.*



ADULT & SENIOR POTLUCK

Come exercise your heart with us on Valentine's Day. We have an Adult Swim starting at Noon to 1:30 p.m. Next is our Senior Adult Water Exercise Class from 1:30 to 2:15 p.m. Start out the new year right by attending one of these exercise programs. Afterward, we will serve refreshments and goodies. Come get to know your neighbors and the Southwest Pool staff. Please bring your favorite dish to share!

Date: Tuesday, February 14

Potluck Time: 1:30 – 3 p.m.



HAVE YOUR NEXT PARTY AT SOUTHWEST POOL!

We rent Southwest Pool for special occasions. The pool is available

- Fridays 8 – 10 p.m.
- Saturdays 2 – 10 p.m.
- Sundays 6 – 10 p.m.

Fees start at \$120 for 1 hour in the pool for up to 30 people.

Some of the amenities included in your rental are

- Exclusive use of the pool, spa, and sauna.
- Use of the universal gym.
- We have a water slide!
- Water basketball.
- Use of inner tubes.
- 1-meter and 3-meter diving boards.

The lobby is also available for rental for \$60 per hour, or you could rent a private room for \$70 per hour. We also have a refrigerator/freezer available to store your food during your rental.

For more information please contact Matt Richardson at (206) 684-7440.

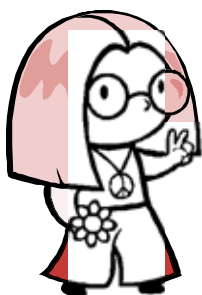
Book your party today!



SOUTHWEST POOL & COMMUNITY CENTER 30TH ANNIVERSARY CELEBRATION!



Join us in celebrating 30 years of providing recreation, instruction, and fitness classes for our community. Come reminisce with friends and neighbors about your memories of Southwest Pool and Community Center over the past 30 years. Look forward to some groovy activities throughout the week. We'll wrap up the week on Friday, February 10 when we flashback to the 1970s for our 30th Anniversary Bash where you pay 1976 prices!



February 6 - 10

Details coming soon!

